

## Controlling Blood Pressure (CBP) Measure



### Measure Description

The percentage of members 18 - 85 years of age who had at least two visits on different dates of service with a diagnosis of hypertension (HTN) during the measurement year or the year prior to the measurement year, and whose BP was adequately controlled (BP  $\leq$ 139/89 mm Hg).

- The measure is a weight of (1) stars and is part of the **STARs P4P Incentive Program** for measurement year 2024.
- Any outpatient visit, telephone visit, or virtual assessment claims submitted with a diagnosis of hypertension in the measurement year or the year prior to the measurement year will include the applicable members in the eligible population.

### Member Compliance

The BP reading must occur on or after the date of the second diagnosis of hypertension.

Last BP taken during the measurement year must be  $\leq$ 139/89 mm Hg regardless of diabetic or non-diabetic diagnosis.

BP reading CPT code submitted in an outpatient visit, a non-acute inpatient encounter, or remote monitoring event during the measurement year will close the gap.

### Call to Action

**Take multiple BP readings** at the beginning and end of the visit:

Try switching arms; use the lowest systolic and lowest diastolic BP as the compliant BP reading for that visit

- **Educate** the patient on ways they can help keep their **BP controlled**.
- **Encourage** the patient **to take their medication on-time**.
- **Encourage** the patient **to go to your practice** as needed.
- **Submit** the hypertension diagnosis code for **all applicable claims**.
- **Submit** the CPT II code of **the last BP reading** taken in the measurement year and ensure it is **compliant**.

### Exclusions

- Members 66 years of age and older as of Dec 31st enrolled in an I-SNP and/or living long-term in an institution any time during the measurement year.
- Any patient 66-80 with frailty and advanced illness, as well as those 81 years old and older with at least two indicators of frailty.

2024 Codes	
Systolic	Diastolic
<b>3074F</b> Most recent Systolic LESS than 130 mm Hg	<b>3078F</b> Most recent Diastolic LESS than 80 mm Hg
<b>3075F</b> Most recent Systolic between 130 - 139 mm Hg	<b>3079F</b> Most recent Systolic between 80 - 89 mm Hg
<b>3077F</b> Most recent Systolic GREATER THAN or EQUAL TO 140 mm Hg	<b>3080F</b> Most recent Systolic GREATER THAN or EQUAL TO 90 mm Hg



Please **fax** medical records to **877-741-9186**  
Contact us with questions at **Stars\_Support@uhcsouthflorida.com**  
or speak to your Health Plan Representative.